

Privacy Policy for Om Chanti Fitness

Introduction

Om Chanti Fitness is committed to protecting the privacy and personal information of its clients and website visitors. This privacy policy outlines the types of information we collect, how we use it, and the steps we take to ensure it is protected.

Information We Collect

We may collect the following types of information:

- Personal Identification Information: Name, email address, phone number, billing address, and any information provided through intake forms or consultation calls.
- Health and Fitness Information: Information provided in fitness assessments, health questionnaires, or any other forms related to your fitness and wellness goals.
- Usage Data: Information about how you interact with our website, such as IP address, browser type, operating system, and pages visited.
- Payment Information: When you make a purchase, we may collect your payment details to process transactions securely.

How We Use Your Information

Om Chanti Fitness uses collected information to:

- Provide and manage your fitness program or coaching sessions.
- Personalize your experience and improve our services.
- Communicate updates, answer questions, and send relevant information.
- Process payments and manage billing.
- Conduct website analytics and improve functionality.

Information Sharing and Disclosure

We do not sell, rent, or share your personal information with third parties for marketing purposes.

We may share information:

- With Service Providers: Trusted third-party service providers help us operate our website, process payments, or provide customer support, all under strict confidentiality agreements.
- For Legal Reasons: If required by law or to protect Om Chanti Fitness's rights and property, we may disclose necessary information.

Cookies and Tracking Technologies

Our website may use cookies and similar tracking technologies to enhance your browsing experience. Cookies allow us to recognize repeat visitors and provide a more personalized experience. You can adjust cookie preferences in your browser settings.

Data Security

Om Chanti Fitness implements industry-standard security measures to protect your data. However, no method of transmission or electronic storage is completely secure. We strive to protect your data but cannot guarantee its absolute security.

Your Rights

Depending on your location, you may have rights regarding your personal information, including:

- Access: Request a copy of the personal data we hold about you.
- Correction: Request corrections to inaccurate information.
- Deletion: Request deletion of your data, subject to legal obligations.
- Opt-Out: Unsubscribe from marketing communications at any time.

Retention of Data

We retain your personal data only for as long as necessary to fulfill the purposes outlined in this policy or to comply with legal obligations.

Updates to This Privacy Policy

Om Chanti Fitness reserves the right to update this policy at any time. Changes will be posted on

this page, and we may notify you via email or website notice.

Contact Us

If you have any questions or concerns about this privacy policy, please contact us at omchantifitness@gmail.com.